The Grace Charity for M.E.

20 Dickens Close
Langley
Maidstone
Kent
ME17 1TB

October 4th 2026

Dear Cora Health,

Re: The Kent Clinics for ME/CFS/Long Covid
ME or Chronic Fatigue Syndrome - Cora Health

As a registered charity in Kent for M.E. sufferers, we would like to know more about the new service being offered.

Firstly,

1) Can the clinics prescribe medicine or is it only the patient's GP?

Secondly, we have some helpful suggestions:

2) We would recommend the NHS Learning Hub for ME/CFS to be added to Cora Health's site. There are many medical treatment ideas there given by Dr. David Strain, including for pain.
   https://learninghub.nhs.uk/

3) Carers, friends and family - Cora Health
   On the carers' page, perhaps you may wish to add the following site, which has free notes and advice for carers of M.E. sufferers.
   Stonebird: The Lived Experience of Severe Myalgic Encephalomyelitis (ME)

4) Severe and very severe ME - Cora Health
   Many sufferers cannot work. Please consider adding the 25% ME Group as a point of help, as they can help guide sufferers through the benefits maze.
   Home - 25% ME Group

P.T.O

5) As we are the only registered M.E. charity based in Kent, we would like to be added to your Helpful support and resources - Cora Health

   Please consider adding our website
   https://www.thegracecharityforme.org

We look forward to hearing from you,

Best Wishes,

Yours sincerely,

Catherine and John Ashenfelter (Trustees)

Patron **The Right Reverend Graham Cray**

Medical Adviser **Professor Malcolm Hooper**

Founding Patrons
Ann Widdecombe
Jennifer Rees-Larcombe

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Registered Charity Number: 1117058